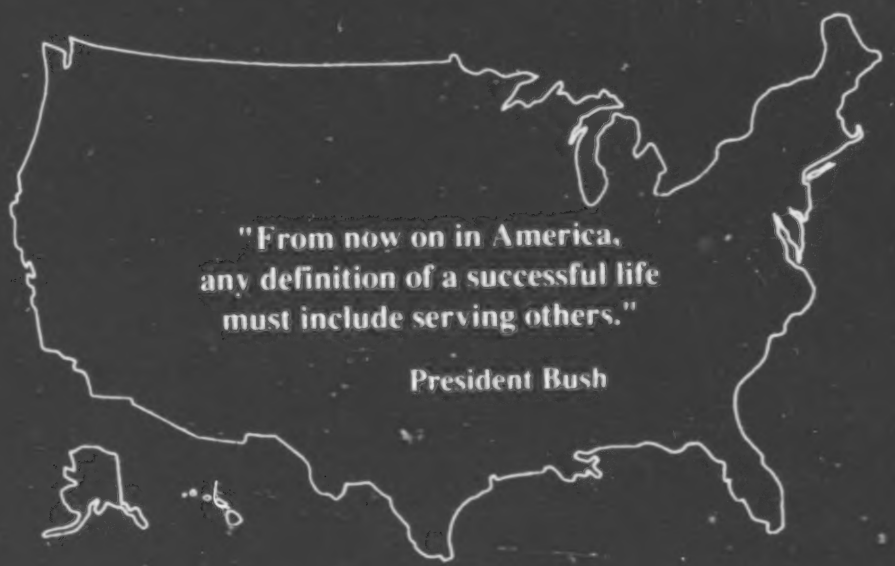
A Thousand Points of Light: The Third Hundred



"From now on in America,
any definition of a successful life
must include serving others."

President Bush

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The Daily Point of Light

Intended as a national tribute of the highest order to every American who makes a positive difference, each day the President recognizes those who are successfully addressing our most pressing social problems through community service. Individuals, families, businesses, groups, and organizations of every conceivable type are taking direct and consequential action to combat drug abuse, illiteracy, inadequate education, environmental decay, homelessness, hunger, AIDS, and other critical ills.

The President urges all Americans to make serving others central to their life and work. "If you have a hammer, find a nail. If you know how to read, find someone who can't. If you're not in trouble, seek out someone who is. Because everywhere there is a need in America, there is a way to fill it. . . . There is no problem in America that is not being solved somewhere."

A Thousand Points of Light:
The Third Hundred

201. Alternatives to Domestic Violence, Riverside, CA
Saturday, July 21, 1990

Founded in 1977 by concerned citizens, Alternatives to Domestic Violence provides support services to victims of domestic violence. More than 100 volunteers play a critical role by assisting in the organization's programs and helping increase public awareness.

Volunteers assist with the 24-hour Crisis Line, providing counseling, information, referral, and emotional support to those who call in need of assistance. Those who work with the Horizon House Shelter comfort women and their children who have sought refuge from domestic abuse. The volunteers counsel the children who temporarily live at Horizon House, helping them cope emotionally with the violence they have experienced.

"Domestic violence is community wide, it knows no economic, social or racial barriers. Alternatives to Domestic Violence allows me to be a real part in solving this problem."

Theresa Pristojkovic, volunteer of Alternatives to Domestic Violence

202. Connie Harris, Springfield, OR
Monday, July 23, 1990

In 1984, Connie Harris became a mother at the age of 17. She joined the "Birth To Three" support group, seeking help and guidance with motherhood. She was an active member of the support group, during which time she completed high school and obtained full-time employment. In 1986, Ms. Harris volunteered to lead the support group, ensuring that the group continued to assist young mothers.

After work each day, Ms. Harris volunteers 10 to 15 hours per week, encouraging the young mothers to continue their education and helping them develop good parenting skills. She serves as a positive role model to the other young mothers.

"Connie Harris is the first young parent to accept the responsibility and make it work. Without Connie, the group she leads would have had to fold."

Betty Kellow,
Coordinator for Birth to Three

203. Davarian Baldwin, Beloit, WI
Tuesday, July 24, 1990

For over three years, Mr. Baldwin, 18, has been an active member of the Beloit Positive Youth Development (PYD) program. Mr. Baldwin mentors young people in Beloit's low-income neighborhood, helping them develop an appreciation for their community and the environment.

As president of the local Urban 4-H Program, he leads a summer camping trip for urban youth. While in the wilderness, he speaks with the young people about the importance of caring for the environment and describes the plant and animal life. He also founded a rap group, called the "DP Boyz," whereby he offers advice to young people on peer pressure, drug involvement, and making difficult decisions. Mr. Baldwin coordinates community clean-ups and trips to museums and parks for city youth.

204. Gudy Gaskill, Golden, CO
Wednesday, July 25, 1990

In 1968, Ms. Gaskill began teaching others about the importance of preserving the environment by coordinating trail clean-ups. In 1973, she began to help build the Colorado Trail, a 470-mile string of hiking trails, paths, and campsites stretching across the mountains from Waterton Canyon to Durango.

Ms. Gaskill coordinates the volunteer work crews, responds to inquiries for maps and information, and handles all paperwork for the Colorado Trail Project. She also spends extended periods of time out on the trail, helping volunteers with the physical work.

205. Harvest House, Lansing, MI
Thursday, July 26, 1990

Founded in 1986, the many branches of Harvest House reach deep into the community, addressing a variety of social ills. Volunteers assist with many community service initiatives, ranging from feeding the hungry to educating the community on the dangers of drug involvement.

The volunteers of Harvest House do not wait for those in need to seek out their help. They search for the homeless on streets, informing them about programs and services at Harvest House. In addition, they serve 50 lunches each day to low-income individuals and assist with other programs, including housing and job referral services, Alcoholics Anonymous support groups, substance abuse education, and Bible studies.

"Basically, I help them get through what I went through. I know the emotions they go through, and it 's rough having all the emotions in the world except happiness."

Ron Dickey

206. Ron Dickey, El Paso, TX
Friday, July 27, 1990

Mr. Dickey, 28, has not been deterred by his own physical disabilities. In 1985, he was injured in a diving accident which left him quadriplegic. For the last two years, Mr. Dickey has worked with DARE (Disabled Ability Resource Environment), sharing his experience with disabled peers and offering them hope and advice.

Mr. Dickey volunteers 20 hours a week for DARE, visiting patients in rehabilitation hospitals and nursing homes. He talks with them informally to ease their concerns and fears. In addition, he continues to stay in contact with the patients on a long-term basis, even after they no longer participate in the DARE program.

207. David Goldstein, Albany, NY
Saturday, July 28, 1990

Since January 1989, Mr. Goldstein, 21, has been a volunteer for The Samaritans, a suicide prevention program. He has shown extraordinary dedication to the program, befriending individuals who had wanted to end their lives.

Mr. Goldstein works over 10 hours per week on the most stressful overnight shifts, handling each caller with concern and compassion. In addition, he educates the community on suicide prevention and helps recruit additional volunteers.

208. William and Ethel Tibbetts, El Monte, CA
Monday, July 30, 1990

Since 1986, William and Ethel Tibbetts have volunteered for the Disabled American Veterans (DAV) Transportation Network, providing transportation for disabled veterans to medical appointments.

The Tibbetts go above and beyond their specific duties, developing lasting relationships with the veterans, visiting them in their homes or calling them to ensure that they receive the assistance they need.

209. O.H.I.O (Ohioans Helping Improve Ohio), Cleveland, OH
Tuesday, July 31, 1990

Founded in 1987, O.H.I.O. is a non-profit agency which offers educational, athletic, artistic, and career-oriented programs to children who live in crime-ridden, drug-plagued neighborhoods.

Volunteers teach classes which help stimulate the children's creativity and develop leadership skills, including dance and drama classes, swimming and basketball lessons, and job training workshops. They also supervise a study hall, lead field trips to museums, and coordinate a 24 hour emergency "Kids Hotline." Through the one-to-one contact with the young people, the volunteers often detect learning disabilities or family problems which may deter a child's educational development.

"Every hour we spend with the kids is one less hour that they're not on the street learning a bad habit."

Amy Rowen Wenk,
Executive Director of O.H.I.O.

210. Mercy Watch, Merritt Island, FL
Wednesday, August 1, 1990

Mercy Watch volunteers have been serving the elderly since 1986. More than 200 volunteers have been trained to relieve the elderly from stress and lonliness.

The volunteers of Mercy Watch assist with the "Shopping Cart" program, the "Friendly Chats" program, and "Front Porch Visits." The volunteers who work with the "Shopping Cart" program ensure that the elderly maintain a proper diet by helping them with grocery shopping. Those who assist with the "Friendly Chats" program call the elderly on a regular basis, and the "Front Porch Visits" program arranges visits to the homebound.

"For many, we are the end of the line. When they've arrived at our doors, they know they have hit bottom. This is why our rescue work is so critical. We may be someone's last hope."

John Lands, volunteer of
Orange County Rescue Mission

211. Orange County Rescue Mission, Santa Ana, CA
Thursday, August 2, 1990

Founded in 1963, Orange County Rescue Mission, composed of two shelters and a transitional home, helps homeless people improve their lives. A variety of programs provide those in need with food, shelter, and counseling.

The volunteers encourage homeless individuals to visit the rescue mission. Those who seek help are placed in a transitional home, where volunteers aid them in obtaining employment. The rescue mission also operates two shelters, one for women and their children and the other for men. Each facility provides food, clothing, and spiritual counseling.

212. 20 Good Men, Kansas City, KS
Friday, August 3, 1990

20 Good Men, founded in 1986, was created to help the elderly who live in deteriorating buildings and houses. Initially, more than 80 men answered the call to assist the elderly with home repairs. Today, over 1,000 volunteers support this effort, rehabilitating the most disadvantaged neighborhoods in Kansas City.

Each day crews meet to receive their assignments. The work orders are matched with each volunteer's skills. They repair broken faucets, replace old pipes, paint houses, and care for lawns. In addition, the volunteers teach young people who have dropped out of school a variety of marketable construction skills, including carpentry, plumbing, and painting.

213. Berni Ehrhart, York, PA
Saturday, August 4, 1990

In 1988, Mr. Ehrhart founded GUSH (Give Us Hope), an organization which provides support for AIDS patients and their families.

Mr. Ehrhart and other volunteers offer emotional counseling and financial support to those who are in need. They also assist with food preparation, obtain shelter and clothing, and ensure that patients receive proper care. Mr. Ehrhart spends more than 60 hours per week overseeing and participating in GUSH activities.

214. Project Amigos, San Antonio, TX
Monday, August 6, 1990

Founded in 1987, Project Amigos coordinates recreational and educational activities for Hispanic youth.

Throughout the school year, young people visit the center after school and on the weekends. Volunteers and staff assist the youth in classroom assignments, coordinate educational workshops, and lead visits to museums and parks. During the summer, the center is open all day, offering a variety of recreational activities and continuity to the students' school work.

215. Doris Wolff, Hanover, PA
Tuesday, August 7, 1990

Five years ago, Ms. Wolff began distributing groceries to those who are homeless and hungry. She collects perishable foods from restaurants, grocery stores, and food banks and stores them in the basement of her home. Her door is open seven days a week to those in need of food.

After realizing that many individuals do not have facilities to cook, Ms. Wolff expanded her efforts in 1989 to include preparing a hot dinner free of charge for any hungry community member. In order to operate this expanded effort called "God's Meal Barrel," Ms. Wolff and her family moved to a larger house so that she could serve more guests. Three to five nights a week, she feeds 30-40 people, many of whom return frequently. Ms. Wolff also helps each guest obtain counseling and employment.

"To see a smile on the face and a full stomach. That's what keeps me going."

Doris Wolff

216. Christopher Keener, Somers Point, NJ
Wednesday, August 8, 1990

One day Mr. Keener was a high school senior looking forward to his future. The next day his future was changed drastically after being injured in an accident involving a drunk driver. Today, with physical disabilities and a speech impediment, he works tirelessly to ensure that his peers do not forget what can happen to them if they drink and drive.

Since the beginning of 1989, Mr. Keener has been an active volunteer for the Atlantic County Council on Alcoholism and Substance Abuse, Inc. By speaking to students and other community groups, Mr. Keener plays a major role in this effort. His moving presentation, "If Only I Knew," has inspired many young people to make responsible choices before it's too late.

217. Huntsville Land Trust, Huntsville, AL
Thursday, August 9, 1990

Founded in 1987 by concerned citizens, the Huntsville Land Trust cares for over 800 acres of donated land, using the outdoors as a classroom, so community members can enjoy the wilderness while learning about wildlife.

Volunteers lead hikes throughout the preserve, teaching community members about the variety of trees and brush composing a boundless ecosystem. In addition, the volunteers have created a curriculum for school children entitled "Our Mountains, Our Home," which supplements natural sciences classroom materials with environmental information.

"I started to volunteer because there was a need. I saw that the senior citizens needed a lot of help, so it was something I just had to do."

Lucy Narvaiz

218. Lucy Narvaiz, Santa Fe, NM
Friday, August 10, 1990

Ms. Narvaiz, 79, has been serving her community since she was 9 years old. As a young girl, she was the only member of her village who spoke English. She would help her neighbors translate medical instructions, interpret tax forms, and read letters.

Eventually, Ms. Narvaiz became the 4-H club leader, a position she held for over 19 years, teaching children how to grow, harvest, and preserve fruits and vegetables. For the last twenty years, Ms. Narvaiz has been a volunteer tutor to Hispanics and Native Americans through the local community college and Literacy Volunteers of America. She also provides financial help to needy individuals until they are able to support themselves.

219. Submarine Group 6, Charleston Naval Base, SC
Saturday, August 11, 1990

In 1988, Submarine Group 6 formed a partnership with area schools to enrich the educational experiences of young people. Since its inception, the initiative has expanded to include 40 partnerships among Navy commands, civilian businesses and organizations, and local schools.

Volunteer military personnel and community members tutor students in physics, biology, chemistry, and other scientific subjects. They support academically challenged students, tutoring them in remedial reading and math. Submarine Group 6 also sponsors and judges math and science fairs in area schools, offers computer instruction to students, and conduct tours through the submarines.

220. Mountain Outreach, Williamsburg, KY
Monday, August 13, 1990

In 1981, two Cumberland College students founded Mountain Outreach to build low-cost housing. More than 300 volunteers, many of them students at Cumberland College, build modest two- or three-bedroom homes for the homeless.

Since its inception, Mountain Outreach has built 44 houses for those in need. Each house costs Mountain Outreach $5500 for materials, which is repaid by the new residents through a 30-year no-interest loan with monthly mortgage payments of no more than $20. In addition, Mountain Outreach collects toys and clothes throughout the year and distributes them to low-income families during the holiday season.

221. Janet Perreira, Bakersfield, CA
Tuesday, August 14, 1990

Ms. Perreira began serving in 1987 as the Volunteer Coordinator for the Bureau of Land Management in central California, helping to maintain 560,000 acres. She has recruited more than 250 volunteers, including members of the Telephone Pioneers of America, Boy Scouts, and other community members.

Some of the projects Ms. Perreira has arranged include the construction of 10 miles of the Pacific Crest National Scenic Trail, historic site restorations, campground maintenance, endangered species inventory, geology studies, and the development of public information brochures. In addition, Ms. Perreira participates in the projects directly, spending many hours working on the trails and lands. She also speaks about the use of volunteers in managing public lands.

222. Elizabeth Carter, East Liverpool, OH
Wednesday, August 15, 1990

In 1965, Ms. Carter founded the Tri-State Promoters Cultural and Creative Society, serving an area that extends into Ohio, West Virginia, and Pennsylvania. The society's programs are located in Ms. Carter's house and three other houses within her neighborhood.

At the "Music House," community members, including music teachers and retired school teachers, offer piano, organ, and other musical lessons free of charge to those who want to learn. The "Children's Clothing House" serves as a site for collection and distribution of food and clothing. The "Cultural and Creative House" offers tutoring and the "Library House" is a quiet place for students to study after school.

"You may not be able to help the whole world, but you can make a difference in your own community."

Elizabeth Carter

"The real tribute is to our volunteers. . . They're just everyday citizens who want to give their time to help others."

Ludie Dickeson, Executive Director, Right to Read of Weld County

223. The Connecticut Hospice, Incorporated, Branford, CT
Thursday, August 16, 1990

Founded in 1971, The Connecticut Hospice was the first hospice to have its own facility in the United States. This effort relies on a large volunteer staff of 375 in addition to its paid staff to care for over 1800 patients and families annually.

After completing a training course and committing to at least one year of service, volunteers work in all aspects of the hospice's functions. Some are involved with patient care, assisting nurses in meeting physical and emotional needs. Others assist the patient's family with providing care at home. And still others contribute their skills in areas such as public speaking, gardening, carpentry, cooking, and transportation.

224. Right to Read of Weld County, Inc., Greeley, CO
Friday, August 17, 1990

Since 1976, Right to Read has provided one-to-one tutoring to those who want to improve their literacy skills. Community members volunteer to tutor those who are 16 years old or older in subjects such as reading, writing, math, GED preparation, job skills development, and English as a second language.

After completing a training course, tutors meet at least two hours per week with a student on an ongoing basis. The team meets at a convenient location, fostering a more comfortable learning environment. The tutor plans the lessons, records the student's progress, and encourages him or her to continue learning.

225. John Oliver, Midland, TX
Saturday, August 18, 1990

Mr. Oliver, 64, has dedicated his retirement years to educating young people.

Mr. Oliver, a retired petroleum engineer, has been a volunteer for the West Texas Children's Home for almost two years. Every Friday, he drives 70 miles to the home, where he tutors the young people in mathematics. He teaches the youth the importance of learning mathematics and offers examples of its application in everyday life.

226. The Rosemont Center, Columbus, OH
Monday, August 20, 1990

Rosemont Center, founded in 1865, is a residential and day care facility, serving young women who suffer from emotional distress. More than 300 volunteers participate in educational and counseling activities, such as leading support groups, coordinating field trips, and mentoring the residents.

Located on a 35-acre campus, Rosemont Center consists of a group home which shelters young women who cannot return home. The residents receive emotional counseling and job skills training. The Emergency Shelter Care Program provides shelter for girls experiencing a crisis. The Independent Living Program teaches budgeting skills to girls 16 and older, so that they are prepared to live on their own.

"The volunteers have done so much for me, all the work and the visits. It means so much to me to know that someone cares."

Senior, Community Service Project

227. Community Service Project, Rockland, ME
Tuesday, August 21, 1990

The Community Service Project, a program of Projects, Incorporated, provides opportunities for youth to serve in their community, whereby they concurrently learn valuable vocational skills.

Founded in 1982, the Community Service Project matches volunteers, ages 12 to 18, with elderly and physically challenged individuals who are in need of assistance. The youth perform many tasks which range from repairing homes to building wheelchair ramps. About 100 young volunteers donate after-school hours, weekends, and summer vacations, caring for over 135 people each year.

228. Clare Allen, Nashville, TN
Wednesday, August 22, 1990

Ms. Allen, 65, has dedicated her retirement years to tutoring physically challenged children.

For the last two years, Ms. Allen has tirelessly volunteered at the Harris-Hillman School, assisting disabled children with physical therapy, academics, and independent living skills. Each day, Ms. Allen teaches a group of 11 youth. She uses various techniques to address the specific needs of each child and offers them hope and inspiration to live independent lives.

"The children realize for the first time that they aren't alone."

Barbara Greer, Executive Board of the Warm Place

229. William Smith, Donora, PA
Thursday, August 23, 1990

Mr. Smith, 77, knows that one need not go far from his own front door in order to help others.

Mr. Smith did not look the other way when his neighbor, a 36-year old divorced mother of two daughters, was in need. For the last seven years, Mr. Smith has done what he could to help his neighbor. He drives the family to medical appointments, the laundromat, and the grocery store when there is no money for a taxi. When the children are ill at school, Mr. Smith brings them home, enabling their mother to continue work. He treats the children to dinners at restaurants and gives them food when they cannot afford to purchase groceries. Mr. Smith also purchases school clothes, school supplies, winter coats, and reading materials for the family.

230. What About Remembering Me?, Inc., Fort Worth, TX
Friday, August 24, 1990

Founded in 1988, What About Remembering Me?, also known as "The WARM Place," offers comfort and care to children who have lost someone close to them to death. More than 200 volunteers, including psychiatrists, nurses, and counselors, teach classes and lead support groups, as well as train other volunteers.

The WARM Place serves more than 60 families each week. The children and family members visit the center regularly, participating in a variety of support sessions. Younger children meet in small groups for play therapy. Children who are of school age meet with their peers to share their feelings and experiences. The adults also meet to discuss the best ways to deal with the childrens' emotions.

231. John Booth, Las Vegas, NV
Saturday, August 25, 1990

Mr. Booth, 69, uses volunteer service as a means of helping himself while helping others.

Mr. Booth became a patient at the Hollyhock Adult Day Care Center after an accident left him with a permanent head injury. When his condition improved four years later, he was inspired to help the other patients at the day care center. For the last six years, Mr. Booth has helped the staff lead a variety of therapeutic activities, such as walking, dancing, singing, exercising, and playing BINGO.

232. Thora Bautz, Scotts Valley, CA
Monday, August 27, 1990

Ms. Bautz, a retired school teacher, volunteered to teach English to a Vietnamese family more than eleven years ago. This experience inspired her to continue teaching during her retirement years.

For the last six years, Ms. Bautz has been a volunteer coordinator for a literacy program, where she has initiated literacy programs at low-income housing developments and community centers. She also has recruited more than 100 volunteers to support this effort.

233. Soaring Eagles Project, Minneapolis, MN
Tuesday, August 28, 1990

Started in 1985, Soaring Eagles addresses the cycle of poverty and substance abuse that faces many Native American families by offering positive alternatives for their children. Serving 250 youth from ages three through twenty, the comprehensive program includes cultural education, leadership development, social skills training, tutoring, and field trips.

Volunteers meet weekly with the youth to conduct group activities, including discussions on teen issues, workshops on Native American arts and crafts, and tutoring sessions for students in various subjects. These efforts have encouraged young people to become active in volunteer service, both with the Soaring Eagles Project and other programs in the community.

234. Stephanie Gore, Savannah, GA
Wednesday, August 29, 1990

Stephanie Gore, 15, finds time to brighten the lives of her peers, despite her own physical challenges.

Stephanie, who was born blind, has not been deterred from sharing her love of literature. For the past four years, she has read stories to pre-school children. Once a week, 20 to 30 children gather around her, watching her fingers move across the pages and listening as she brings to life the characters of the fairy tales.

"Soaring is what we want these children to achieve in their lives. . . to soar with the eagle."

Ellie Webster, Director of Soaring Eagles Project

"Wherever you go, you can find someone who needs a hand."

Skip Newell

235. Friends of Lubavitch of Bergen County, Teaneck, NJ
Thursday, August 30, 1990

Founded in 1978, the volunteers of Friends of Lubavitch visit hospital patients, nursing home residents, and home-bound senior citizens. More than 50 volunteers bring friendship and joy to the sick.

The volunteers offer those who are lonely a flower and greeting card at each visit. The volunteers also help elderly persons who are Jewish follow the dietary laws and participate in holiday services, and the volunteers arrange funerals in accordance with the Jewish laws and traditions. In addition, Friends of Lubavitch coordinates a program called Tomchei Shabbos, in which volunteers visit Jewish people who live alone and provide them with the traditional foods of the Sabbath.

236. Bridgeway, Lakewood, CO
Friday, August 31, 1990

Founded in 1986, Bridgeway provides a supportive, home-like environment for young mothers. The mothers live at Bridgeway, which consists of four houses and two apartments, for up to one and one-half years at no charge.

More than 100 volunteers teach the young women about pregnancy and motherhood, including the dangers of using drugs while pregnant and the importance of prenatal care. They also help the mothers develop marketable job skills. Community members mentor Bridgeway residents throughout their stay, supporting them emotionally through the pregnancy.

237. Skip Newell , Laytonsville, CA
Saturday, September 1, 1990

In 1978, Mr. Newell founded the Long Valley Health Center, bringing the first doctor, nurse, social worker, and outreach worker to the Laytonsville area since 1920. Mr. Newell also founded and manages Rural Visions, which raises funds for the health center and awards college scholarships to local low-income students.

In addition, Mr. Newell has worked as a volunteer firefighter and emergency medical technician since 1974. He formed the first medical rescue team and taught first aid, CPR, and other medical skills to local residents. For the last seven years, he has been a volunteer Deputy Sheriff, supplementing the work of local law enforcement personnel.

238. Project HEAT'S ON (Handicapped and Elderly Assistance to Serve Our Neighbors), Fort Wayne, IN
Monday, September 3, 1990

Project HEAT'S ON, sponsored by the National Mechanical Equipment Service and Maintenance Bureau, ensures that low-income elderly and disabled people have safe, adequate heating for the winter.

Through a collaborative effort among unions, contractors, service and maintenance bureaus, and welfare agencies, needy citizens receive safety inspections for heating equipment free of charge. Each year, the Fort Wayne-based Project HEAT'S ON services over 60 homes. Contractors donate the use of service trucks and equipment; supply stores donate materials; and unions donate labor and supplies. The volunteers also install smoke detectors, change furnace filters, and repair exhaust leaks free of charge.

"Nobody is asking for any glory. All we want to do is help our neighbor."

Bud Fahl, Coordinator of Project HEAT'S ON

239. Bradley Free Clinic of Roanoke Valley, Inc., Roanoke, VA
Tuesday, September 4, 1990

Founded in 1974, the Bradley Free Clinic provides medical care free of charge to lower income individuals and families. More than 400 community members, 250 of whom are professional doctors, dentists, and nurses, volunteer on a rotating basis and care for more than 6,000 patients each year.

The Bradley Free Clinic is open every Tuesday and Thursday evening from 6:30 until 9:00. After volunteers register patients and determine their needs, the scheduled medical staff of four physicians, four nurses, two dentists, and two pharmacists provide professional care to each patient accordingly. The clinic also has a complete pharmacy, which dispenses prescriptions free of charge to the patients.

240. GIVE (Grandpersons Interested in Volunteering for Education), Toledo, OH
Wednesday, September 5, 1990

Founded in 1979, GIVE places senior citizens in schools, promoting mutual understanding and fostering intergenerational relationships. In 1989, more than 80 elderly people met the increasing need for individualized attention in schools while contributing to the community in their golden years.

GIVE volunteers offer one-to-one tutoring in basic reading and math, assist teachers in the classroom, and share special skills and experiences. They also lead small group activities such as storytelling, singing, dancing, and craft workshops.

241. Officer Wayne Barton, Boca Raton, FL
Thursday, September 6, 1990

Officer Wayne Barton, a 29-year old police officer with the Boca Raton Police Department, mentors young people, educating them about the dangers of drug abuse and crime involvement.

Having overcome obstacles during his own childhood, Officer Barton was inspired to help other children strive for a brighter future. Each day, Officer Barton meets with young people after school at a local community center, offering them an alternative to street life. During the meetings, Officer Barton and other volunteers assist the youth with classroom assignments and lead recreational activities. Officer Barton also started a GED training program, where volunteers tutor adults who have not completed high school.

"I decided it was easier to educate the kids than incarcerate them."

Officer Wayne Barton

242. San Antonio Air Logistics Center-Kelly Air Force Base/Southwest Independent School District Mentoring Partnership, San Antonio, TX
Friday, September 7, 1990

The Kelly/Southwest Mentoring Partnership pairs members of the armed services with young people, offering the youth inspiration and courage to better their lives.

After attending an intensive training workshop, Kelly Air Force Base Air Logistics Center personnel mentor "at-risk" elementary students throughout the Southwest Independent School District. The volunteers read to the young people, tutor them in reading and writing, and discuss subjects of interest. Most importantly, the volunteers inspire the young people to strive for their goals and aspirations.

243. Dolores Camp, Bismarck, ND
Saturday, September 8, 1990

After her son lost his hearing from spinal meningitis, Ms. Camp, 62, was inspired to serve those who are hearing impaired.

For the last 15 years, Ms. Camp has tirelessly served the deaf community of Bismarck, enabling them to communicate their needs. She has established TDD (Telecommunication Device for the Deaf) systems at locations throughout the community, including the fire department, hospital, and 911 service center. She instructs individuals on equipment use and maintenance. Ms. Camp has her own TDD system in her home, and is available in the mornings and evenings to respond personally to requests and relay messages.

244. Larkin Street Youth Center, San Francisco, CA
Monday, September 10, 1990

Founded in 1984, the Larkin Street Youth Center makes a difference in the lives of young people who once had little hope for a bright future. Many of the youth who are served by the center have lived day to day by panhandling, theft, or prostitution. Neighborhood volunteers work with the Larkin Street Youth Center, ensuring that these young people are no longer alone and afraid.

The volunteers who work with the center's Outreach Program seek out young people who live on the streets, inviting them to visit the center where they can receive emotional support and counseling services. The volunteers who counsel the young people educate them on the dangers of substance abuse and the prevention of AIDS. Other volunteers tutor the young people, ensuring that they do not fall behind in their studies.

245. Florence Hodges, Dothan, AL
Tuesday, September 11, 1990

Ms. Hodges, a spry 96-year old, has dedicated her golden years to serving others.

In 1983, four months after surgery to repair a broken hip, Ms. Hodges offered her time to the Southeast Alabama Medical Center. Every morning at 6:00, she drives four miles to the hospital where she spends eight hours a day, seven days a week visiting patients in the Intensive Care Unit. During 1989 alone, she volunteered 2,900 hours at the hospital.

"I am 94 years old. Volunteering is my life."

Florence Hodges

246. Community Outreach Program of LeMoyne-Owen College, Memphis, TN
Wednesday, September 12, 1990

Founded in 1988, the Community Outreach Program adopted their neighbor, the LeMoyne Gardens Public Housing Development, to enhance the education of the young residents and improve the relationship between the college and LeMoyne Gardens.

More than 100 college students are matched with young people from LeMoyne Gardens to serve as mentors and positive role models. The college students tutor the youths in basic reading and writing skills. The "Young Parents Training Program" teaches teenage parents how to provide love and care to their children. The "Real Men Program" helps young men, ages 15-17, assume the responsibility of manhood, teaching them to provide financial and emotional support for their families.

"I think the most significant thing about the project is that it allowed us to put something back into the community."

Marvin Gertsch, volunteer of Youth Alternatives

247. Youth Alternatives, Cheyenne, WY
Thursday, September 13, 1990

Founded in 1971, Youth Alternatives was originally established to supervise juveniles who were serving probation. The volunteers of Youth Alternatives realized that many of the youth need guidance in changing the direction of their lives.

After an interview, each volunteer is matched with a young person under 18 who has severe emotional or behavioral problems. The volunteer becomes actively involved in counseling the youth, spending many hours each week listening, talking, laughing, and even crying together.

248. Lucille Isakson, Ogden, UT
Friday, September 14, 1990

After experiencing the tragedies of alcoholism within her own family, Ms. Isakson, 78, has dedicated literally all her time and efforts to helping other families of alcoholics.

For over 16 years, Ms. Isakson has been the volunteer coordinator for the Weber County Department of Substance Abuse. She spends more than 40 hours per week counseling family members of alcoholics, recruiting and supervising other volunteers, and facilitating Co-Dependency Groups. She founded a group called "Families at the Crossroads," a support group for alcoholics and their families. She also speaks at schools and other community groups about the dangers of substance abuse and how it can be prevented.

249. Lorissa Keller, Grand Rapids, MI
Saturday, September 15, 1990

Ms. Keller, 18, has been serving others for as long as she can remember. Accompanying her mother to volunteer activities encouraged Ms. Keller to follow suit.

During high school, Ms. Keller delivered food to nursing homes during the holidays, served dinners to the homeless, assisted at a hospital, and served on the Kent County Council for the Prevention of Child Abuse and Neglect. She also met once a week with students, assisting them with school assignments. Now entering Landmark College in Vermont, a preparatory school for college-bound dyslexic students, Ms. Keller plans to continue her volunteer work.

250. Linda Warsaw, San Bernardino, CA
Monday, September 17, 1990

In 1985, Linda Warsaw founded "Kids Against Crime" at the age of 12. She learned of the many crimes committed against children through her after-school volunteer work with the Victim Witness Assistance Program, where she watched court cases involving abuse, kidnapping, and molestation.

Through Kids Against Crime, Ms. Warsaw and other volunteers operate the "Peers Support and Referral" hotline. After completing a training program which includes subjects such as child abuse, sexual abuse, pregnancy, suicide, and runaways, volunteers, ages 12-19, answer phone calls from their peers who are in need of advice and support.

"I'd have done this even if we'd only been able to help one child, but thanks to the work of everyone involved, we've helped lots of children."

Linda Warsaw

251. Special Care Parents, Des Moines, IA
Tuesday, September 18, 1990

Founded in 1985, Special Care Parents helps families cope with the stress of raising a high-risk infant, offering emotional and educational support. The volunteers, usually parents of high-risk children themselves, are matched with first-time parents of premature or high-risk children.

The volunteers offer practical advice to the parents, ranging from what types of diapers and bottles to use to developing good parenting skills. They also teach the new parents how to stimulate infant development and what to do in case of emergency. The volunteers also lead support groups, coordinate workshops and speaking events, and train additional volunteers.

252. Georgia Elias, Jacksonville, IL
Wednesday, September 19, 1990

As an employee of the Illinois School for the Deaf, Ms. Elias, 45, has befriended many of the students at the school. For some of the youth, she is like a mother.

Throughout the school day, many of the students visit Ms. Elias to talk and share thoughts or stories and seek adult advice. For students from low-income families or broken homes, she mends their clothes, buys them presents for their birthdays, and cuts their hair at no charge. She also provides transportation to after-school activities, making life happier for the children.

"We're trying to reach students early in college to give them a taste of volunteer service and hope that as they go along they'll become more active as volunteers."

Dr. Kathleen Dunn,
Community Service Program at
East Carolina University

253. Girls Incorporated of Schenectady, Schenectady, NY
Thursday, September 20, 1990

Founded in 1937, Girls Incorporated offers programs for young women which will help them become responsible, confident adults. The staff and volunteers of Girls Incorporated serve the young women in an area of Schenectady with a high rate of drop-outs, delinquency, and single parent homes.

Each day the young women visit the club, where they participate in workshops and classes free of charge. The programs offered include "Operation SMART" for science and math instruction, "Better Safe Than Sorry" which teaches the girls how to protect themselves from being abused, "Banana Splits," a support group for children from divorced families, and "I Live Here" which teaches safety skills for latchkey children.

254. The Healing Place, Eau Claire, WI
Friday, September 21, 1990

Since 1989, The Healing Place has provided continuous support to children and adults after the death of a relative, friend, or spouse. The volunteers of The Healing Place offer the long-term support that many people need during these difficult times.

The volunteers and staff provide a variety of services, including counseling and workshops on dealing with the death of a loved one. In addition, The Healing Place offers the "Young Persons Healing Grief" program, which provides support to children. The children meet in groups to discuss their similar experiences, their concerns and fears, and their individual ways of dealing with their sadness.

255. Ruby Honeycutt, Greenville, NC
Saturday, September 22, 1990

Ms. Honeycutt, 20, joined the East Carolina University Student Community Service Program when she was a freshman. This program places students throughout the community to help others and requires them to commit at least 5 hours a semester to community service. Ms. Honeycutt serves more than 300 hours each semester.

Ms. Honeycutt began volunteering for the local Boys Club, tutoring the youth, teaching computer and word processing skills, and assisting with classroom assignments. She then became involved in the Special Olympics, a position which influenced her decision to study Special Education. In addition, Ms. Honeycutt visits patients at a local hospital on a regular basis.

256. Harb-Adult, Inc., Lancaster, PA
Monday, September 24, 1990

Founded in 1987, Harb-Adult purchased the deteriorating King Douglas Hotel and renovated it to shelter low-income families while they save money for permanent housing. Since its inception, more than 1,450 guests have been served by Harb-Adult, 60% of whom have moved into their own apartment after their stay.

Local church groups, businesses, and citizens volunteered hundreds of hours cleaning, repairing, painting, and papering the walls. Today, more than 80 volunteers assist in the operation of Harb-Adult. The volunteers talk with new guests, learn about their situation, and refer them to professionals. The volunteers also tutor, read stories, and socialize with the children who reside at Harb-Adult.

257. WRBH 88.3 FM Radio, New Orleans, LA
Tuesday, September 25, 1990

WRBH Radio, owned and operated by the Radio for the Blind and Print Handicapped, Inc., ensures that those who are blind can enjoy newspaper and magazine articles, literature, and community announcements.

Founded in 1982, WRBH Radio operates seven days a week, 21 hours a day, broadcasting readings of daily newspapers, employment and classified advertisements, medical articles about the visually impaired, writings by the visually impaired, bestsellers, children's books, and fictional and non-fictional literature. More than 200 volunteers, many of whom are visually impaired, rotate shifts, reading on the radio, writing the newsletter, and assisting with administrative duties.

258. Bachman Memorial Home, Cleveland, TN
Wednesday, September 26, 1990

The Bachman Memorial Home, founded in 1912, is a residential treatment home for boys, ages 13-18, who have been abused, abandoned, or neglected. Located on 236 acres of land, the pastoral setting offers a refreshing environment for young men.

Volunteers of The Bachman Memorial Home tutor the young men, teach woodworking, arts and crafts, painting, and music. Others serve as weekend foster families, inviting the young men to stay with them on the weekend. In addition, local groups and individuals invite the boys to join them in fishing and camping trips, and local businesses provide part-time employment for the young men.

"I happened to be walking with my headphones on and heard the station. I thought it was such an incredible thing, and I decided to get involved. That was seven years ago."

Gabe Hausmann, volunteer of WRBH 88.3 FM Radio

"Having direct contact with children fills a need in me when I volunteer in the community. I thought it would be rewarding and a good way to make a difference."

Judy Keeley, volunteer of Court Designated Child Advocates

259. Tripartite Tutorial and Mentoring Programs, New London, CT
Thursday, September 27, 1990

The Tutorial and Mentoring Programs, initiatives of Connecticut College, enhance the education of young people and foster a closer relationship between the college and the surrounding community.

Founded in 1986, the Tutorial Program trains and places students of the Connecticut College with school children, ages 11-15, who need academic support. More than 150 tutors meet individually with students on a weekly basis for at least one semester to assist with school assignments. The Mentoring Program, also founded in 1986, matches college students with young people who need nurturing relationships, as well as academic support. The mentor and student meet two hours a week at a community center near a local housing development, where many of the young people live.

260. Court Designated Child Advocates, San Jose, CA
Friday, September 28, 1990

Founded in 1986, Court Designated Child Advocates places volunteers with children who are dependents of the Juvenile Court system. Since the program's inception, more than 400 concerned citizens have completed an intensive training program and represented over 450 children.

After gaining the children's trust and friendship, the advocates accompany the children to court, offering emotional support and counseling throughout the judicial process. Advocates meet with the children on a weekly basis. Having developed relationships with the children, the advocates are able to offer informed recommendations to the judge regarding the childrens' needs.

261. The Variety House for Children, New York, NY
Saturday, September 29, 1990

Located in a renovated building in the city, Variety House provides a homelike environment for "border" babies born with AIDS, addicted to drugs, or developmentally delayed. Volunteers from churches, synagogues, schools, businesses, and community groups visit the infants at Variety House, comforting them and offering them affection. As a result of these visits, many volunteers become foster parents and adoptive parents. In addition, through the "one-family" program, volunteers support foster families by caring for the children.

262. Joey LoDuca, San Diego, CA
Monday, October 1, 1990

After visiting his grandfather each day for 14 months in an Alzheimer's clinic, Joey LoDuca, 17, realized the value of volunteers in the lives of those in need. He then developed the Volunteer Center at Mira Mesa High School to match students with community service opportunities.

Through this effort, Joey has not only volunteered his own time, but has also encouraged his peers to make a positive difference in their community. Along with coordinating the Volunteer Center, Joey also participates in the volunteer activities, including environmental clean-up projects, visits to nursing homes, and serving food at homeless shelters.

"I provided the activities, but without the volunteers, there'd be nothing."

Joey LoDuca

263. Mary Moorhead, Anderson, SC
Tuesday, October 2, 1990

After her husband's death, Ms. Moorhead, 82, was inspired to help others. In 1978, she founded the Anderson County Literacy Association to teach adults how to read. She has also has been a volunteer for 16 years at a local hospital and a driver for Meals-On-Wheels.

Despite having surgery, she continues to serve others. She spends 8-10 hours each week tutoring seven students with the Literacy Association and works four hours a week at the hospital.

264. Southern Oregon Drug Awareness (SODA), Medford, OR
Wednesday, October 3, 1990

Founded in 1981 by members of the Medford Junior Service League, SODA's primary goal is to encourage young people to become involved in the fight against substance abuse. A variety of community members, including teachers, students, parents, and business leaders, make young people aware of the dangers of using drugs and alcohol.

With SODA's support, young people coordinate school activities, such as drug awareness weeks and peer assistance programs. The business community teaches employees about the dangers of drugs in the workplace. Parents and teachers train other teachers on how to discourage their students from using drugs.

"I got started (tutoring) about five years ago and I'm hooked. It's particularly satisfying when someone succeeds who no one thought could. We see a lot of miracles around here."

Carol McGann

265. Carol McGann, South Bend, IN
Thursday, October 4, 1990

For over five years, Ms. McGann, 55, has been a volunteer with the Youth Service Bureau 70001 Program, which offers job training and placement assistance, GED preparation courses, and tutoring for high school drop-outs.

Ms. McGann spends three hours a day, three days a week, tutoring young people, ages 16-21, in need of academic support. She helps them develop their writing and comprehension skills so they are more likely to pursue a high school equivalency degree and obtain employment.

266. Leslie Sloan, Springfield, IL
Friday, October 5, 1990

After receiving a masters degree in fine arts and returning to her hometown, Ms. Sloan, 31, co-founded and is now the volunteer artistic director of Springfield's Eastside Theatre. She spends up to six days a week, five hours a day directing productions that focus on the history and culture of black Americans.

The plays provide meaningful black role models for the community's young people. In addition, because of the need to read the scripts and memorize lines, the reading and comprehension levels of the young people have increased tremendously, resulting in improved school grades and employment prospects.

267. The Samaritans of Cape Cod, Inc., Falmouth, MA
Saturday, October 6, 1990

Founded in 1977, The Samaritans of Cape Cod operate a 24-hour telephone support system for those in need of hope and encouragement. After completing an intensive training program, the all-volunteer staff of 40, which includes community members ranging in age from 20 to 80, rotate shifts to receive calls.

The volunteers work at least five hours a week and an overnight shift once a month. Some volunteers also speak to local schools about suicide prevention, raise funds for The Samaritans, and assist with administrative duties.

268. Roxanne Black, Atlantic City, NJ
Monday, October 8, 1990

Five years ago, Ms. Black, 19, was diagnosed with systemic lupus erythematosus. She was inspired by her experience with this rare, incurable disease to reach out and help other people who are ill.

In 1989, Ms. Black established Long Distance Love, a nationwide pen-pal support network, to put people with similar health problems in touch with one another for the purpose of mutual support. The network assists people of all ages suffering from any type of disease, illness, handicap, or injury. Ms. Black receives letters from individuals all over the country. She matches the individuals according to their illnesses and interests.

"Underneath the pain, suffering and despair lies a hidden opportunity to turn an unfortunate circumstance into a situation which is beneficial for oneself and mankind."

Roxanne Black

269. Audine Haynes, Greenville, MS
Tuesday, October 9, 1990

Ms. Haynes, a 50-year old Washington County Deputy Sheriff, founded the Anti-Drug Task Force, which joins community members to address issues such as illiteracy, juvenile crimes, teen pregnancy, substance abuse, and unemployment.

Ms. Haynes spends two hours a day after her work hours, coordinating this effort. She organizes park parties, where communities gather to reclaim their neighborhood from crime and drugs. Ms. Haynes always carries a can of paint in her police car, cleaning graffiti from walls. She also counsels young people, exploring the reasons for their difficulties so she can work to change the direction of their lives.

270. SCALE (Student Coalition for Action in Literacy Education), Chapel Hill, NC
Wednesday, October 10, 1990

SCALE, founded in 1988 by University of North Carolina students Lisa Madry and Clay Thorpe, unites students nationwide in the fight for literacy.

After identifying the need for a literacy program in Chapel Hill, Ms. Madry and Mr. Thorpe founded SCALE. The interest generated from the students at the university inspired the volunteers of SCALE to replicate the program at other colleges and universities.

271. Debra Walker, Detroit, MI
Thursday, October 11, 1990

Ms. Walker, a full-time employee of the Chrysler Corporation and a single mother of two children, devotes 30 hours a month to serving the community of Detroit.

Ms. Walker coordinates a student mentoring program, through which engineers from Chrysler Corporation teach science and technology to over 1,000 middle and high school students. Ms. Walker also facilitates a peer support group to prevent students from dropping out of school, tutors students in math, English, and Spanish, and reads to elementary school students. In addition, after being diagnosed with breast cancer, Ms. Walker began working with the Cancer Foundation, counseling women who have breast cancer.

"If we can overcome our fears, we can do anything."

Anna Cottage, volunteer of Association for the Blind and Visually Impaired of Lehigh County

272. Stephen Rice, Sacramento, CA
Friday, October 12, 1990

Stephen, 16, has been a volunteer at the Good Shepherd Center since he was 12 years old. He spends 25 hours a week serving his community.

Whether individuals need tutoring, counseling, or a friend, Stephen is always there for those in need. He works with low-income children, tutoring them in school subjects, and distributes clothing and food to the homeless. He also developed a video about water filtration in rural areas, which he distributes to interested citizens.

273. Association for the Blind and Visually Impaired of Lehigh County, Allentown, PA
Saturday, October 13, 1990

The Association enables blind and visually impaired individuals to overcome their disabilities so they may live with fewer obstacles.

More than 200 volunteers work with the Association to drive patients to medical appointments, read mail, articles, and books, teach braille, and educate the community about visual impairment. They also provide vision and hearing screening for pre-school children, and refer those in need to a professional.

274. Jerry Martin, Bell Buckle, TN
Monday, October 15, 1990

Jerry, 16, has been involved in the Bedford County Wildlife and Forestry Project, a local 4-H program, since he was 11 years old. As a teen leader in the group, he has initiated many conservation projects aimed at developing a safe habitat for people, wildlife, and farm animals.

Jerry leads nature tours for his peers, teaching them about the importance of preserving the environment. He circulates a booklet about recycling to local schools and creates exhibits for fairs, schools, and businesses on environmental issues. He labels trees along trails, displaying the scientific name of the trees and their age, monitors the water quality in streams, and organizes a campaign to attract bluebirds into the area through the distribution of bluebird boxes.

275. D.C. Central Kitchen, Washington, DC
Tuesday, October 16, 1990

Founded in 1989 by Robert Egger, the D.C. Central Kitchen collects leftover food from local restaurants, hotels, and caterers for distribution to the homeless, the elderly, and after-school programs.

In 1989 alone, more than 40 tons of food were donated to the Central Kitchen and an estimated 80 tons will be donated in 1990. Homeless men and women from the area are invited to attend an eight week training program to learn proper handling and preparation of food. In addition, they complete a CPR (Cardio Pulmonary Resuscitation) course. These skills help the homeless obtain employment in the food service industry.

276. Nations Association, Inc., Fort Myers, FL
Wednesday, October 17, 1990

In 1976, Reverend Israel Suarez founded the Nations Association. The volunteers of this program provide emergency services to those who are homeless or unemployed. The center, located in a once abandoned church, provides daily hot meals to those who are hungry, job placement for those who are unemployed, and counseling to those who are in need of advice.

The Nations Association Soup Kitchen serves breakfast and lunch five days a week to more than 100 people and prepares food baskets for families each day. Through the Job Placement program, the Nations Association identifies potential employers, requesting their assistance in providing employment to those in need.

"The only remuneration the volunteers get is the felling that at least in this small corner of our community, something very good and human is happening."

Dr. Kenneth Berdick, volunteer of Nations Association, Inc.

"When you see people smile, you know you have accomplished something. Working with H.U.G.S.S. has helped me appreciate what I have."

Alison Shirley & Jeanette Boydston, students of Challenger Middle School

277. Tacoma Community House, Tacoma, WA
Thursday, October 18, 1990

Tacoma Community House, established in 1907, is located in a multi-ethnic neighborhood. Volunteers teach English as a second language and tutor those in need of academic support. More than 200 volunteers tutor over 700 people each year.

The volunteers and staff teach English to those who are new to our country and offer interpreting services. Volunteers also offer job training and literacy courses. Volunteers who work with the Literacy Employment Action Program offer those who have not completed high school vocational training and assistance with obtaining employment. Through the Student Literacy Corps, staff members of Tacoma Community House train college students to tutor adults who need to improve their literacy skills.

278. H.U.G.S.S. (Helping Us Grow through Service and Smiles), Colorado Springs, CO
Friday, October 19, 1990

Started in 1986, H.U.G.S.S. matches teams of students from Challenger Middle School with a community service agency or project. Ninety-eight percent of the students at the school spend at least one afternoon each week participating in a community service activity.

Some students visit elderly people who are homebound, talking with them and sharing stories. Others adopt younger students, helping them adjust to their first year at school. Still others assist local soup kitchens, shelters, the Ronald McDonald House, the Humane Society, and environmental projects.

279. Overcomers of Brevard, Inc., Titusville, FL
Saturday, October 20, 1990

Founded in 1983 by a former drug abuser, Overcomers of Brevard offers long-term treatment programs for those who want to combat addictions. More than 50 volunteers teach classes, lead discussion and support groups, and raise funds for the continued operation of the program.

The volunteers who help those who live at the Liberty Lodge, a residential treatment facility for men with addictions, work with those who need a nurturing environment during recovery. The volunteers who work with Alpha Counseling help men and women who are recovering from addiction while continuing to live in their own homes and maintain employment.

280. Governor Mifflin Junior High School, Shillington, PA
Monday, October 22, 1990

The students of Governor Mifflin Junior High School develop relationships with disabled peers, offering friendship and understanding to those who have much to overcome.

Through the "Special Kids, Special Friends" program, each homeroom class adopts children who are served by the Easter Seals Society. The students plan activities for the disabled children, such as Easter Egg Hunts, picnics, and parties, and correspond with their friends on a regular basis.

281. Westerly Adult Day Care Center, Inc., Westerly, RI
Tuesday, October 23, 1990

Founded in 1980, the Westerly Adult Day Care Center provides health and social programs for elderly and disabled individuals who need daytime assistance or supervision. The center offers them a stimulating and nurturing environment, while providing peace of mind to concerned family members.

More than 60 volunteers serve food, teach arts and crafts classes, lead speech and physical therapy sessions, and assist with educational and recreational activities. The volunteers also offer physical therapy for victims of strokes and Parkinson's disease, helping delay, and, in some instances, prevent nursing home placement.

282. The Care and Counseling Center, Downers Grove, IL
Wednesday, October 24, 1990

Founded in 1975, The Care and Counseling Center offers services to women who are dealing with unplanned pregnancies. The center, open throughout the week, also operates a 24-hour hotline for emergencies so women can obtain support whenever needed.

More than 130 trained volunteers counsel the women. They also provide transportation to the center and to medical appointments and collect and distribute baby items to pregnant women. After completing a training program, volunteers also rotate shifts on the 24-hour emergency hotline, providing comfort and support to those in distress.

"I know it (my work) is appreciated and it makes me feel good. I realize I'm lucky, so why not volunteer?"

Charles Austin, volunteer and former client of the Westerly Adult Day Care Center, Inc.

"Sometimes I'm so sick I can't move, and these people come knock on my door with dinner. They're keeping us alive."

AIDS patient served by Caring Cuisine

283. Caring Cuisine, New Haven, CT
Thursday, October 25, 1990

Caring Cuisine, a cooperative effort between the AIDS Project New Haven and Yale-New Haven Hospital, provides patients who are HIV-positive and those with AIDS a home-delivered hot dinner, breakfast, afternoon snack, and dietary supplement.

Volunteers visit the patients on a daily basis, delivering not only the needed nutritional support, but emotional and physical support as well. Many of the patients served live in poor housing conditions, including abandoned buildings and wrecked automobiles. Through their consistent contact with the patients, volunteers are able to monitor the patient's condition in order to update their health care provider or social worker.

284. Wings of Hope, Atlanta, GA
Friday, October 26, 1990

Founded by the Reverend Richard Dalton in 1989, Wings of Hope is an anti-drug program which unites inner-city churches and community groups in a partnership against drugs.

Reverend Dalton encourages each participating church to establish a drug prevention committee whose members receive training in drug prevention and counseling. Congregations are asked to adopt families from drug-plagued areas, providing them with food, clothing, job training, and spiritual guidance. In addition, Reverend Dalton encourages neighborhood residents, police, churches, schools, and businesses to join forces in the fight against drugs and crime by coordinating fairs, workshops, marches, rallies, and social gatherings where residents can gain a sense of community.

285. Katie Dykes, Green Bay, WI
Saturday, October 27, 1990

Besides working part-time as a nurse, Ms. Dykes, 39, devotes 30 hours a week to a variety of community service efforts.

She works for a crisis center, counseling those who call the 24-hour hotline in need of support and advice. She volunteers for the American Red Cross, where she teaches CPR, basic life support, and a babysitting course for young adults, which includes teaching first aid, preparing the students for emergencies, and discussing child development and handling techniques. In addition to her medical-related volunteer work, Ms. Dykes tutors refugees from Laos and Thailand in English, math, and science.

286. Reverend Tony McCreary, Philadelphia, PA
Monday, October 29, 1990

Reverend McCreary touches the lives of thousands of young people, many of them from non-working single parent homes, helping them believe in themselves and in others. Each day, Reverend McCreary encourages young people to continue their education and attend Sunday school, where they can form positive relationships.

Reverend McCreary and older children who have been helped by him visit young children's homes, ranging from housing developments to abandoned buildings, ensuring they have adequate food, clothing, heat, and emotional support. Reverend McCreary also refers children who have been abandoned to social workers who can place them in foster care.

287. Yong Kay and Houa Vue Moua, Eau Claire, WI
Tuesday, October 30, 1990

Originally from Laos, the Mouas began translating for other refugees when they first arrived in the United States. As leaders of the Hmong community, the Mouas tutor other immigrants and speak about the need for higher education, urging Hmongs to learn English and continue their education.

The Mouas urged the local university to offer an evening class for the Hmong. They also encouraged radio and television stations to broadcast educational programs about the Hmong culture, helping the residents of Wisconsin understand and accept their new neighbors. They are available 24 hours a day, helping Hmong families deal with child abuse, marital problems, and emergency hospital visits.

288. Barbara Frazee, Nashville, TN
Wednesday, October 31, 1990

While completing her masters degree in psychology, Ms. Frazee served at a home for abused teenage girls. Through this work, she became interested in helping families with physically or verbally abusive parents.

In 1984, Ms. Frazee became a volunteer with Parents Anonymous. She teaches parents good parenting skills, leads support groups, and provides guidance for abusive parents who are expecting babies. Some parents contact Ms. Frazee when they feel so stressed that they could possibly harm their children. Ms. Frazee is available 24 hours a day to provide support and counsel. She also accompanies families to court if children have been separated by the judicial system, making recommendations to the judge on the families' ability for parenthood.

"You know, the more people I help, the happier I am."

Kay Moua

"This effort is just one more example of how the people of Charleston are willing to work together to build a future of growth and promise."

Commander Bruce Linder, USS Elrod

289. The Crew of the USS Elrod, Charleston, SC
Thursday, November 1, 1990

The crew of the USS Elrod is helping to restore forests and woodlands lost during Hurricane Hugo. The crew founded "Trees for Charleston," a program through which more than 72,000 trees have been distributed and planted throughout the community.

When the ship is docked in Charleston, the crew works on the weekends and after hours with other community organizations, planting trees at schools, parks, highways, and neighborhoods. The crew uses this opportunity to talk with community members and school children about the importance of planting trees and the preservation of the environment.

290. Our House, Inc., Little Rock, AR
Friday, November 2, 1990

Founded in 1937, Our House not only provides shelter and meals to those in need, but also job training, resume preparation skills, and assistance with obtaining employment. The residents also learn how to save and budget their money through a savings program.

More than 500 community members assist Our House each year. Volunteers teach GED test preparation and resume writing classes. They also cook and serve meals, distribute donated clothes to the residents, and provide overnight emergency assistance at the shelter.

291. Three Rivers Literacy Alliance, Fort Wayne, IN
Saturday, November 3, 1990

Founded in 1988, Three Rivers Literacy Alliance offers tutoring to adults who want to improve their reading and writing skills. After completing an intensive training course, more than 100 volunteers, ranging from retired teachers to college students, meet with the students on a long-term basis.

Volunteers teach classes in a group setting or one-to-one, depending on each student's needs. Through Project High Jump, tutors from Three Rivers are matched with middle school students who have reading deficiencies. The One-To-One Program matches tutors and adult students who meet at a convenient location twice a week for tutoring.

292. ITT Hartford, Hartford, CT
Monday, November 5, 1990

For 25 years, ITT Hartford has enhanced the education of the young residents of the community. ITT Hartford's Project STAG (Skills Training Advancment Group) offers minority students on-the-job training. ITT Hartford employees teach business, math, and English, and train the students in their areas of expertise, such as accounting, data processing, and corporate relations. Through the Community Match Program, ITT Hartford challenges its employees to contribute time and money to a community service effort. ITT Hartford pledges to match each dollar contributed by an employee with a corporate dollar and to give five dollars for every hour the employee serves.

293. The Second Mile, State College, PA
Tuesday, November 6, 1990

The Second Mile, founded in 1982 by Jerry Sandusky, the Defensive Coordinator for the Pennsylvania State University football team, serves young people in need of positive role models.

The Second Mile's Friend Program matches college students from Penn State with youngsters who are in need of mentoring relationships. More than 200 college students meet for afternoons of recreational activities, helping the youngsters learn to interact with others in a positive way. Through the Nittany Lion Tips program, Penn State athletic cards carrying an inspirational message from athletes are offered to students as encouragement to stay away from drugs and crime and continue their studies.

294. Bessie Spencer, East St. Louis, IL
Wednesday, November 7, 1990

After three children in her community were murdered, Ms. Spencer, a retired school teacher, coordinated and led a series of marches called "Mothers' Marches Against Drugs." The marches called for better police protection and community involvement in the fight against drugs and crime.

As a result of her efforts, area churches have organized M.E.C.C.O. (Metro East Concerned Citizens Organization), which consists of crime, drug, welfare, and cleanup committees. Ms. Spencer works with this and other groups in establishing initiatives to help in the fight against crime and drugs. Today, members of the community feel safe in their own homes.

"We have to stand up and let people know that we are not going to tolerate drugs and crime anymore."

Bessie Spencer

"I want my kids to be winners on and off the court and it starts with helping people like this."

Coach Randy Carlisle

295. Seacoast Hospice Program, Exeter, NH
Thursday, November 8, 1990

Founded in 1979, the Seacoast Hospice Program, the first hospice in New Hampshire, helps make the remaining days of those who are terminally ill more meaningful and pleasant.

After completing 30 hours of training, volunteers rotate shifts, providing care 24 hours a day, seven days a week to patients in their homes. The volunteers visit with the patients, talking with them and helping them with chores and errands. The volunteers also help children deal with grief through the "Children and Loss" program.

296. Project HOPE, Milwaukee, WI
Friday, November 9, 1990

Project HOPE (Housing of People Empowered), an initiative of the Wheaton Franciscan Services (WFSI), makes home ownership a reality for low-income families. Through Project HOPE, WFSI volunteers rehabilitate and rent homes at affordable rates to those who live in poor housing conditions.

Volunteers assist the families of Project HOPE in gaining stable, healthy life styles. Tenants' employers are asked to grant or loan a portion of the down payment so the employee is abie to purchase a home. Local hospitals contribute by providing health screening to the families and referring them to professionals when needed. Other volunteers offer career counseling, job training, support groups, and teen pregnancy prevention workshops.

297. Coach Randy Carlisle and the Kountze High School Basketball Team, Kountze, TX
Saturday, November 10, 1990

Coach Carlisle and the team teach basketball to Kountze area youth, helping them develop motor skills and a sense of accomplishment, while having fun.

Each Saturday at the high school gym, Coach Carlisle and the team meet for half the day with disabled individuals from the Beaumont State Center. Each team member coaches a small group of participants in developing athletic skills. During the other half of the day, players teach basketball skills to local school children and talk with them about the dangers of using drugs, the importance of continuing their education, and the joy of helping others.

298. Ceredo-Kenova American Legion Post No. 93 and the Tolsia High School, Kenova, WV
Monday, November 12, 1990

This partnership not only helps young people grow intellectually and physically, but also instills in them a sense of national and community pride.

The members of Post No. 93 and the students have devoted more than 8,000 hours to the Fall and Summer Special Olympic Games. Serving as "huggers," volunteers are matched with players to encourage and assist them throughout the games and ensure they participate in the correct events. The partnership also sponsors spelling bees and math contests for high school students.

299. Good Shepherd Community Center, Vicksburg, MS
Tuesday, November 13, 1990

The volunteers of the Good Shepherd Community Center, located in an abandoned school building in the center of a low-income area of Vicksburg, are working to rebuild the school and to increase the educational opportunities available to the residents of this community.

More than 60 volunteers helped rebuild the center, completing tasks ranging from painting, replacing broken windows, and mowing grass. Volunteers offer a tutorial program for students who are below their grade level in reading, writing, and other basic skills. Volunteers also conduct workshops on the dangers of using drugs and joining gangs, the importance of education, and job application techniques.

300. World of Work Program, Detroit, MI
Wednesday, November 14, 1990

The World of Work Program, an initiative of the Chrysler Corporation, helps low-income students achieve their dreams. Since 1989, Chrysler employees participating in World of Work have shared their talents with students, inspiring the young people to pursue careers in technology and science. After completing a training program, employees meet with high school students throughout the week, serving as positive role models. Approximately 300 employees meet with students one-to-one or in a group after school, reviewing school subjects, talking about future educational and career plans, and working on projects, such as building cars.

"These are the kids that never get picked to play basketball, the one that sit in the bleachers during P.E., the ones that never hear the cheers when they cross the finish line, or win a race, or score a basket. Special Olympics affords them that."

Gary Adkins,
Principal of Tolsia High School

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